



Mr. Mark P. Armstrong

July 5, 1954 - October 13, 2025

Mark P Armstrong – (1954-2025) Mark's life began on 16 Hynes Avenue in Lenox, being born to Leo H and M Corrine Armstrong on July 5th, 1954. At his birth, Mark joined one older brother, Michael L Armstrong (Wendy) and became a sibling to his then future brothers and sister: Douglas E Armstrong (Ally), Maureen Tuggey (Rick) and Edward T Armstrong (Nichelle).

Mark was a very resilient, loving, family centered, and hardworking man. In his younger years and most recently he worked in the field of landscape maintenance working for various businesses including Morgan Manor, David Lane Landscaping, Cranwell Resort and as well proudly started his own business Armstrong Turf Care in 1989. His business included snowplowing, mowing lawns, and aerating Golf Courses throughout New England. He enjoyed meeting Superintendents in Vermont, Connecticut, New York and Massachusetts and had many stories to share about his time working on the courses. Thank you to all who trusted Mark to perform a job well done.

In 1971 Mark met his wife, Cynthia Armstrong (Cindy). Young love and strong love had carried them through almost 50 years of marriage as of this October 24th. They formed a tight bond and commitment that couldn't be broken even through the struggles of life. They brought forth two children in 1974 and 1980, respectfully: Dale T Armstrong (Tammy) and Nicole Armstrong Choon (Dave). Mark loved playing "big time wrestling" with Dale and Nicole by tossing them around when they were younger. He also taught them to hunt and fish and to work hard in whatever job they held.

Mark had an ordinary and fun life. He and Cindy vacationed in the USA, driving out west in the winter of 1979, where they encountered major snowstorms in Wyoming, strong wind gusts in Texas, and ice storms on their way home in Pennsylvania and Ohio. Vacationing in Maine with his siblings the past 3 years was a highlight of his summer get away. Traveling also included time spent with his grandchildren Jacob Armstrong, Joshua Olman and Michaela Golden; all of Arkansas. Fun times were had with the grands in Conway, New Hampshire, Lake George, New York, Chatham, New York (Chatham Fair) and York, Maine.

Mark was an avid outdoorsman. He enjoyed raccoon, bear and deer hunting over the years. As of late he especially enjoyed bow and shot gun hunting with his friend Joe Goetze of Lenox. Early morning rising, Joe and Mark would leave early to claim a spot on Lenox or October Mountain. Even if the hunt wasn't a success, Mark loved walking in the woods. Mark and Cindy would often walk October Mountain and Dunbar Road on Lenox Mountain with their dogs Lacie and Bella. Mark would also walk his pet dogs in Vermont where Mark and Cindy spent time camping.

Holidays and family gatherings were also high on Mark's list. He loved spending time with his family. Christmas was a favorite where he could be found in the kitchen helping to cook the traditional holiday breakfast. The entire family, which included Dale's wife Tammy and her children: Mitch and Christopher Russell, Dave and Nicole and Dave's mom Robin Rockefeller, Cindy's mother Pat Galliford and their grandchildren, would gather together and open fun Santa Bags and exchange gifts. Mark always looked forward to good times with family.

Mark was a very special man. He wasn't a religious man, but a few days before passing he gave his life to Jesus with the guidance of Pastor Jim of Open Door Church. Upon lying in bed under hospice care, he suddenly sang out loud the word Hallelujah in the presence of his wife. A significant word meaning Praise the Lord~ Thank you to our Father in Heaven for his mercy and grace.

Aside from his wife, children, grandchildren, in-laws and siblings, Mark leaves behind many nieces and nephews and cousins, including Daniel Armstrong of Alford.

A wake will be held on Saturday, October 25th 9-11 a.m. at Roche Funeral Home, 120 Main Street, Lenox.

In lieu of flowers, donations can be made to Alzheimer's Association, Huntington's Disease Association, Open Door Church, or The Smile Like Jack Memorial Fund where the funds raised are to support the preservation of outdoorsman lifestyle, educational programs, habitat enhancement and community outreach. All can be sent in c/o Roche Funeral Home P O Box 152, Lenox, MA 01240.

Previous Events

Visitation

OCT **25**. 9:00 AM - 11:00 AM (ET)

Roche Funeral Home
120 Main Street
P.O. Box 152
Lenox, MA 01240
(413) 637-0699
eroche120fh@gmail.com

Tribute Wall



“ *Enchanted Cottage was purchased for the family of Mr. Mark P. Armstrong.*



October 24, 2025 at 09:15 AM



“ *Dear Dale and family,
My sincere condolences to you for your loss.
May your dad rest in peace in the Lord's
Heavenly kingdom. Sending prayers to you all
for peace & comfort in the days ahead. 🙏.
Hugs to you.
Sincerely, Becky Knox*



BeckyKnox - October 21, 2025 at 11:05 PM



“ *Love Tim and Nina purchased the Simply Elegant
Spathiphyllum for the family of Mr. Mark P.
Armstrong.*



Love Tim and Nina - October 21, 2025 at 05:47 PM

BK

“ Cindy, I am so saddened and sorry to hear about Mark. We grew up together and there are so many memories coming to me as I think about all of the good and maybe some not so good things that happened during our youths.

Bernie Koscielniak - October 21, 2025 at 05:42 PM

CI

Thank you Bernie....thank you for reaching out...

cindy - April 08 at 09:37 AM

LA

“ Love, Mitch and Allie purchased the Beautiful Heart Bouquet for the family of Mr. Mark P. Armstrong.



Love, Mitch and Allie - October 20, 2025 at 10:23 PM

LA

“ Love, Mitch and Allie planted a [Memorial Tree](/store/Product.aspx?ProductId=4518) in honor of Mr. Mark P. Armstrong.

Love, Mitch and Allie - October 20, 2025 at 10:23 PM

WF

“ With much love, the Hawley family purchased the Beautiful in Blue for the family of Mr. Mark P. Armstrong.



With much love, the Hawley family - October 19, 2025 at 05:56 PM

KS

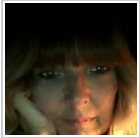
“ Dear Cindy: So sorry to hear of Mark's passing
My thoughts and prayers are with you and your family May he rest
in peace. Kathy Stile

Kathy Stile - October 19, 2025 at 09:12 AM

CI

Thank you Kathy...

cindy - April 08 at 09:37 AM



“ I didnt know Mark for long. He was very quiet but also very nice
once you got to know him.

Robin Rockefeller - October 18, 2025 at 06:30 PM

SP

“ Quiet as a church mouse but an intense listener, I always tried get
him to laugh! Several times he would crack a smile. Always present
at family events he sat nearby and watched with interest. He loved
my sister with all his heart and was always by her side. My dear
Mark your quiet nature will be truly missed. Be at peace, for the
Lord has accepted you into his kingdom.
Sending love and peace to my beautiful, loving hearted sister! 💔💔

Sheila Della Pelle - October 18, 2025 at 10:36 AM

MG

“ Every ride, every trip, every laugh. 💙 No matter where we went,
from six flags to every little adventure we ever took it was always
better with him and Mema by my side.
He'll always be my ride partner, forever in my heart. 🕊️💙

Michaela Golden - October 17, 2025 at 07:59 PM

SC

“ To start a life together so young and find the love , strength and forgiveness it takes to survive all the challenges faced for so many years. The Lords was your protector. Grace and Mercy was more than abundant. Your personal growth and maturity lead to a strong friendship. Thanks be to the Lord! You both were truly blessed with a marriage that many will never experience. Peace be with you, my dear sister, Cindy. Let the love of good memories give you comfort.
❤️ Love Sandra, James , Morgan and Evan

Sandy Clark - October 16, 2025 at 07:51 PM

TR

“ Mark was a great man and would be there in a minute's notice if you needed him. I have many fond memories of him making a delicious full breakfast with Cindy on Christmas mornings and flipping those eggs just perfectly. Mitch and Chris enjoyed the tradition, and Allie shared a few as well. They always felt welcomed and I'm very grateful for this.

I loved our table talk debates, as Mark and I shared some similar views, except on food. I'd say, It's got to be organic, no dyes". He'd say, "Eat the preservatives, it's good for you." And then, we'd just laugh. On birthdays and any other celebratory occasions, he was always so grateful for family coming together and sharing a meal. He so appreciated any gift, even a card, that he always read from beginning to end, then passed around the table for all to read - another tradition!

I will always remember Mark - the humble man he was of subtle wit who loved his family, his dogs, his home and the life he built with Cindy. God bless you and your loving devoted family. May they find comfort in all the wonderful times together.

Tammy

Tammy Russell - October 16, 2025 at 04:18 PM