



## Mrs. Helen Fink

July 17, 1926 - July 28, 2021

Helen Fink, of Kimball Farms Life Care in Lenox, Massachusetts, died at Berkshire Medical Center in Pittsfield on July 28, 2021 after a sudden illness. Helen's passing followed two significant events in her life; she lost Milt Fink, her husband of 71 years, on June 16 and she celebrated her 95th birthday on July 17. Her family was constantly by her side for her final week, and she was comforted by the compassionate and capable staff at the hospital, along with Hospice Care in the Berkshires, Inc.

Helen was a vibrant and tenacious woman, with strong opinions and a keen sense of fairness and justice. Born in Far Rockaway, NY, she was an athletic teenager; she swam in the Atlantic Ocean, rode horses on what were then dirt roads on Long Island, and played tennis. While raising three children, Helen completed her undergraduate degree in education and a graduate degree in counseling at Hofstra College- all at night and during summers, and then worked in Valley Stream, NY elementary schools as a guidance counselor. Helen was a lifelong learner, avid reader and outspoken activist for peace, conservation and democratic causes. Even in the last weeks of her life, she discussed with her family the books she was reading and helped curate books in Kimball Farms residential library. Helen believed that everything is broken but nothing is beyond repair, that even things that are badly damaged are worth fighting for. A passionate anti-war activist during the Vietnam era, she volunteered her skills to counsel young men to avoid the draft. Helen and Milt shared adventures together – they traveled the world, filled their lives with

culture, and volunteered in their community. Together they ushered at Tanglewood for many years, and even later in life when she could no longer attend the concerts that gave her pleasure, Helen listened to the BSO Tanglewood broadcasts on the radio in the comfort of her home.

Above all of her interests and intellectual curiosity, Helen's family was her biggest project and meant the world to her. She was devoted to Milt, and visited him regularly in the last few years of his life when he resided in Kimball Farm's memory care. She and Milt were proud of their children and found great pleasure in the strong bonds the children have with each other as adults. She respected and adored her grandchildren and their partners. Helen leaves her sons David (Karen), Jesse (Betsy); her daughter Judy (Rob); and her grandchildren Nathan, Drew (Dani) and Carly, who miss her dearly. The family will celebrate Helen's life privately. For those who wish, donations may be made to the Helen and Milton Fink Scholarship Fund at the Berkshire Music School ([berkshiremusicschool.org](http://berkshiremusicschool.org)).

# Tribute Wall

EA

“*Heartfelt condolences to your family on the passing of Helen and Milt, from the BSO and Tanglewood family. I had the pleasure of working with Helen and Milt as Manager of Volunteer Services at the BSO over the years. They were such lovely and dedicated people, and I had no idea of Milt's musical background!!! Very impressive indeed, and they will be missed here at Tanglewood.*  
*Sincerely,*  
*Erin Asbury*

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**Erin Asbury** - August 07, 2021 at 01:51 PM

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“*The Berkshires are less intelligent and humane without Helen. I will miss her dearly: her clarity and honesty were so refreshing. But as I told Jesse, I think it was her time to go. There was nothing she seemed to want me to bring her. But I will keep her in my heart where she will remain a dear friend.*

*I was so glad to meet David, Judy and Jesse whom I have heard so much about for all these years. I wish you peace, with a lifetime of happy memories and peaceful dreams of your wonderful parents. Thanks for contacting me so that I could participate and have some closure.*

*Love,*  
*Charlene Rosen*

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**Charlene Rosen** - August 04, 2021 at 08:26 AM